



FYUGP

PSYCHOLOGY HONOURS/ RESEARCH

FOR UNDER GRADUATE COURSES UNDER RANCHI UNIVERSITY



Implemented from
Academic Session 2022-2026



**Member of Board of Studies of modified NEP Curriculum of Psychology
Major & Minor Courses under Ranchi University, Ranchi**

1. Chairman-


Dr. Zeba
H. O. D.,
Associate Professor
Department of Psychology, Ranchi University, Ranchi

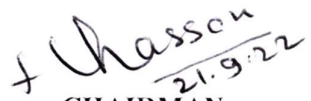
2. Internal Members-

- i. **Dr. Indira Pathak**
Associate Professor,
University Department of Psychology, Ranchi University, Ranchi
- ii. **Dr. M. P. Hassan**
Associate Professor,
University Department of Psychology, Ranchi University, Ranchi
- iii. **Dr. Roselina Singh**
Assistant Professor,
University Department of Psychology, Ranchi University, Ranchi
- iv. **Dr. Reeta Kumari**
Assistant Professor,
University Department of Psychology, Ranchi University, Ranchi
- v. **Dr. Abha Ekka**
Assistant Professor,
University Department of Psychology, Ranchi University, Ranchi
- vi. **Dr. Anita Arora**
Research Assistant, and In-charge Library
University Department of Psychology, Ranchi University, Ranchi
- vii. **Dr. Renu Kumari**
Assistant Professor,
S.S. Memorial College, Ranchi University, Ranchi
- viii. **Dr. Rajesh Kumar**
Assistant Professor,
J. N. College, Dhurwa, Ranchi University, Ranchi

3. External Members-

- i. **Dr. Meera Jayaswal**
(Retd) University Professor, of Psychology Ranchi University, Ranchi
- ii. **Dr. Shriti Choudhary**
University Professor,
Department of Psychology, R.L.S.Y College, Ranchi University, Ranchi
- iii. **Dr. Preeti Gupta**
Assistant Professor,
Central Institute of Psychiatry Ranchi


23/9/2022
DIRECTOR
IOAC, RANCHI UNIVERSITY
RANCHI-834 001


21.9.22
CHAIRMAN
HEAD
Department of Psychology
Ranchi University, Ranchi

Contents

S.No.		Page No.
	Members of Core Committee	i
	Contents	ii – iii
	COURSE STRUCTURE FOR UNDERGRADUATE ‘HONOURS’ PROGRAMME	
1	Highlights of Regulations of FYUGP	1
2	Course Structure for FYUGP ‘Honours/ Research (176 Credits)	3
3	Courses of Study for Four Year Undergraduate Programme	4
4	Semester Wise Courses of Study for Four Year Undergraduate Programme	5
5	Semester wise Examination Structure for SIE & ESUE	7
6	Introductory & Minor Courses	8
7	Aims of Bachelor’s Degree Programme in Anthropology	9
8	Program Learning Outcomes	10
	SEMESTER I	
9	Major Course –MJ 1	11
10	MJ 1 LAB	12
	SEMESTER II	
11	Major Course- MJ 2	13
12	MJ 2 LAB	14
	SEMESTER III	
13	Major Course- MJ 3	15
14	MJ 3 LAB	16
	SEMESTER IV	
15	Major Course- MJ 4	17
16	MJ 4 LAB	19
17	Major Course- MJ 5	20
18	MJ 5 LAB	21
	SEMESTER V	
19	Major Course –MJ 6	22
20	MJ 6 LAB	23
21	Major Course- MJ 7	24
22	MJ 7 LAB	25
	SEMESTER VI	
23	Major Course- MJ 8	26
24	MJ 8 LAB	27

25	Major Course- MJ 9	28
26	MJ 9 LAB	29
SEMESTER VII		
27	Advance Major Course –AMJ 1	30
28	AMJ 1 LAB	31
29	Advance Major Course- AMJ 2	32
30	AMJ 2 LAB	33
SEMESTER VIII		
31	Advance Major Course- AMJ 3	34
32	AMJ 3 LAB	35
33	Advance Major Course- AMJ 4	36
34	AMJ 4 LAB	37
INTRODUCTORY/ MINOR ELECTIVES		
35	Introductory Regular Course- IRC	38
36	IRC LAB	39
37	Minor Course- MN 1	40
38	MN 1 LAB	41
39	Minor Course- MN 2	42
40	MN 2 LAB	43
41	Minor Course- MN 3	44
42	MN 3 LAB	45
FORMAT OF QUESTION PAPERS		
43	Format of Question Paper for Mid Sem Examination of 10 Marks	46
44	Format of Question Paper for Mid Sem Examination of 20 Marks	46
45	Format of Question Paper for End Sem Examination of 50 Marks	47
46	Format of Question Paper for End Sem Examination of 60 Marks	47
47	Format of Question Paper for End Sem Examination of 75 Marks	48
48	Format of Question Paper for End Sem Examination of 100 Marks	48

HIGHLIGHTS OF REGULATIONS OF FYUGP

PROGRAMME DURATION

- The Full-time, Regular UG programme for a regular student shall be for a period of four years with multiple entry and multiple exit options.
- The session shall commence from **1st of July**.

ELIGIBILITY

- The selection for admission will be primarily based on availability of seats in the Major subject and marks imposed by the institution. Merit point for selection will be based on marks obtained in Major subject at Class 12 (or equivalent level) or the aggregate marks of Class 12 (or equivalent level) if Marks of the Major subject is not available. Reservation norms of The Government of Jharkhand must be followed as amended in times.

ADMISSION PROCEDURE

- The reservation policy of the Government of Jharkhand shall apply in admission and the benefit of the same shall be given to the candidates belonging to the State of Jharkhand only. The candidates of other states in the reserved category shall be treated as General category candidates. Other relaxations or reservations shall be applicable as per the prevailing guidelines of the University for FYUGP.

ACADEMIC CALENDAR

- Each year the University shall draw out a calendar of academic and associated activities, which shall be strictly adhered to. The same is non-negotiable. Further, the Department will make all reasonable endeavors to deliver the programmes of study and other educational services as mentioned in its Information Brochure and website. However, circumstances may change prompting the Department to reserve the right to change the content and delivery of courses, discontinue or combine courses and introduce or withdraw areas of specialization.

PROGRAMME OVERVIEW/ SCHEME OF THE PROGRAMME

- Undergraduate degree programmes of either 3 or 4-year duration, with multiple entries and exit points and re-entry options within this period, with appropriate certifications such as:
 - a Certificate after completing 1 year (2 semesters) of study in the chosen fields of study,
 - a Diploma after 2 years (4 semesters) of study,
 - a Bachelor after a 3-year (6 semesters) programme of study,
 - a Bachelor (with Hons. / Research) after a 4-year (8 semesters) programme of study

VALIDITY OF REGISTRATION

- Validity of a registration for FYUGP will be for maximum for Seven years from the date of registration.

CALCULATION OF MARKS FOR THE PURPOSE OF RESULT

- Student's final marks and the result will be based on the marks obtained in Semester Internal Examination and End Semester Examination organized taken together.
- Passing in a subject will depend on the collective marks obtained in Semester internal and End Semester University Examination both. However, students must pass in Theory and Practical Examinations separately.

PROMOTION AND SPAN PERIOD

- i. The Requisite Marks obtained by a student in a particular subject will be the criteria for promotion to the next Semester.
- ii. No student will be detained in odd Semesters (I, III, V & VII).
- iii. To get promotion from Semester-II to Semester-III a student will be required to pass in at least 75% of Courses in an academic year (a student has to pass in minimum 9 papers out of the total 12 papers. However, it will be necessary to procure pass marks in each of the paper before completion of the course.
- iv. To get promotion from Semester-IV to Semester-V (taken together of Semester I, II, III & IV) a student has to pass in minimum 16 papers out of the total 22 papers.
- v. Eligibility to get entry in Semester VII is to secure a minimum of 7.5 CGPA up to semester VI along with other criteria imposed by the Institution.

PUBLICATION OF RESULT

- The result if the examination shall be notified by the Controller of Examinations of the University in different newspapers and also on University website.
- If a student is found indulged in any kind of malpractice/ unfair means during examination, the examination taken by the student for the semester will be cancelled. The candidate has to reappear in all the papers of the session with the students of next coming session and his one year will be detained. However, marks secured by the candidate in all previous semesters will remain unaffected.
- There shall be no Supplementary or Re-examination for any subject. Students who have failed in any subject in an even semester may appear in the subsequent even semester examination for clearing the backlog. Similarly, the students who have failed in any subject in an odd semester may appear in the subsequent odd semester examination for clearing the backlog.
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- Regulation related with any concern not mentioned above shall be guided by the Regulations of the University for FYUGP.

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COURSE STRUCTURE FOR FYUGP 'HONOURS/ RESEARCH'

Table 1: Credit Framework for Four Year Undergraduate Programme (FYUGP) under State Universities of Jharkhand [Total Credits = 176]

Semester	Common Courses (29)									Introductory Courses (15)		Internship/ Project (4)	Major* (54) + Adv. Major (24)	Minor** (32)		Research Courses (18)				Total Credit
	Language and Communication Skills (Modern Indian Language including TRL) (6)	Language and Communication Skills (English) (6)	Environmental Studies (3)	Understanding India (2)	Health & Wellness, Yoga Education, Sports & Fitness (2)	Digital Education (3)	Mathematical & Computational Thinking and Analysis (2)	Value-Based Course/ Global Citizenship Education (2)	Community Engagement/ NCC/ NSS/ (3)	Introductory Courses [Natural Sc./ Humanities/ Social Sc./Commerce] (9)	Introductory Course [Vocational Studies] (6)			Natural Sc./ Humanities/ Social Sc./ Commerce (18)	Vocational Studies (14)	Research Methodology Courses (6)	Research Proposal, Review of literature (4)	Research Internship/ Field Work (4)	Preparation of the Research Project Report (4)	
1	2	3	4	5	6	7	8			9	10	11	14	15	16	17	18	19	20	21
I	6			2	2					3	3		6							22
II		6					2	2		3	3		6							22
Exit Point: Undergraduate Certificate																				
III			3			3			3	3		4	6							22
IV													6+6	6	4					22
Exit Point: Undergraduate Diploma																				
V													6+6	6	4					22
VI													6+6	6	4					22
Exit Point: Bachelor's Degree																				
VII													6+6 (Adv. Topics)			6	4			22
VIII													6+6 (Adv. Topics)		2			4	4	22
Exit Point: Bachelor's Degree with Hons./Research																				

*There will be four disciplinary areas: A-Natural Science, B-Humanities, C-Social Science, and D-Commerce; each having basket of courses. A student will have to select a 'Major' from any of the four disciplinary areas (out of A, B, C & D). The selection for admission will be primarily based on availability of seats in Major and marks imposed by the institution.

**A student has to select three subjects for 'Introductory Regular Courses' from a pool of subjects associated with the Major offered by the institution. One of the three subjects will continue as 'Minor' from semester IV onwards, based on the academic interest and performance of the student.

Session 2022-26 onwards

COURSES OF STUDY FOR FOUR YEAR UNDERGRADUATE PROGRAMME

Table 2: Course structure for Undergraduate Certificate Programme [May Exit after Sem.-II]

Semester	Common Courses			Introductory Courses		Major	Total Credits
Sem.-I	LCS (MIL/TRL) (6 Credits)	Understanding India (2 Credits)	Health & Wellness, Yoga Education, Sports & Fitness (2 Credits)	IRC-1	IVS-1A (3 Credits)(3 Credits)	MJ-1 (6 Credits)	(22)
Sem.-II	LCS (English) (6 Credits)	Global Citizenship Education (2 Credits)	Mathematical & Computational Thinking (2 Credits)	IRC-2	IVS-1B (3 Credits)(3 Credits)	MJ-2 (6 Credits)	(22)

Total = 44 Credits

(LCS: Language and Communication Skills; MIL: Modern Indian Languages; TRL: Tribal Regional Languages;
IRC: Introductory Regular Courses; IVS: Introductory Vocational Studies, MJ: Major)

Table 3: Course structure for Undergraduate Diploma Programme [May Exit after Sem.-IV]

Semester	Common Courses			Introductory Courses	Major	Minor	Internship/ Project	Vocational	Total Credits
Sem.-III	Environmental Studies (3 Credits)	Community Engagement/ NCC/ NSS (3 Credits)	Digital Education (3 Credits)	IRC-3 (3 Credits)	MJ-3 (6 Credits)		Internship/ Project (4 Credits)		(22)
Sem.-IV					MJ-4, MJ-5 (6+6=12 Credits)	MN-1 (6 Credits)		VS-1 (4 Credits)	(22)

Total = 88 Credits

(MN: Minor; VS: Vocational Studies)

Table 4: Course structure for Bachelor's Degree Programme [May Exit after Sem.-VI]

Semester	Major Courses	Minor Courses	Vocational	Total Credits
Sem.-V	MJ-6, MJ-7 (6+6 = 12 Credits)	MN-2 (6 Credits)	VS-2 (4 Credits)	(22)
Sem.-VI	MJ-8, MJ-9 (6+6= 12 Credits)	MN-3 (6 Credits)	VS-3 (4 Credits)	(22)

Total = 132 Credits**Table 5: Course structure for Bachelor's Degree with Hons./Research Programme**

Semester	Advance Courses	Research Courses	Vocational	Total Credit
Sem.-VII	AMJ-1, AMJ-2	Research Methodology (6+6=12 Credits)	Research Proposal (6 Credits) (4 Credits)	(22)
Sem.-VIII	AMJ-3, AMJ-4 (6+6=12 Credits)	Research Int./Field Work (4 Credits)	Research Report (4 Credits) (2 Credits)	(22)

Total = 176 Credits

(AMJ: Advance Major; VSR: Vocational Studies associated with Research)

Table 6: Semester wise Course Code and Credit Points:

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Credits
	Code	Papers	
I	CC-1	Language and Communication Skills (Modern Indian language including TRL)	6
	CC-2	Understanding India	2
	CC-3	Health & Wellness, Yoga Education, Sports & Fitness	2
	IRC-1	Introductory Regular Course-1	3
	IVS-1A	Introductory Vocational Studies-1	3
	MJ-1	Major paper 1 (Disciplinary/Interdisciplinary Major)	6
II	CC-4	Language and Communication Skills (English)	6
	CC-5	Mathematical & Computation Thinking Analysis	2
	CC-6	Global Citizenship Education & Education for Sustainable Development	2
	IRC-2	Introductory Regular Course-2	3
	IVS-1B	Introductory Vocational Studies-2	3
	MJ-2	Major paper 2 (Disciplinary/Interdisciplinary Major)	6
III	CC-7	Environmental Studies	3
	CC-8	Digital Education (Elementary Computer Applications)	3
	CC-9	Community Engagement & Service (NSS/ NCC/ Adult Education)	3
	IRC-3	Introductory Regular Course-3	3
	IAP	Internship/Apprenticeship/ Project	4
	MJ-3	Major paper 3 (Disciplinary/Interdisciplinary Major)	6
IV	MJ-4	Major paper 4 (Disciplinary/Interdisciplinary Major)	6
	MJ-5	Major paper 5 (Disciplinary/Interdisciplinary Major)	6
	MN-1	Minor Paper 1 (Disciplinary/Interdisciplinary Minor)	6

	VS-1	Vocational Studies-1 (Minor)	4
V	MJ-6	Major paper 6 (Disciplinary/Interdisciplinary Major)	6
	MJ-7	Major paper 7 (Disciplinary/Interdisciplinary Major)	6
	MN-2	Minor Paper 2 (Disciplinary/Interdisciplinary Minor)	6
	VS-2	Vocational Studies 2 (Minor)	4
VI	MJ-8	Major paper 8 (Disciplinary/Interdisciplinary Major)	6
	MJ-9	Major paper 9 (Disciplinary/Interdisciplinary Major)	6
	MN-3	Minor Paper 3 (Disciplinary/Interdisciplinary Minor)	6
	VS-3	Vocational Studies 3 (Minor)	4
VII	AMJ-1	Advance Major paper 1 (Disciplinary/Interdisciplinary Major)	6
	AMJ-2	Advance Major paper 2 (Disciplinary/Interdisciplinary Major)	6
	RC-1	Research Methodology	6
	RC-2	Research Proposal	4
VIII	AMJ-3	Advance Major paper 3 (Disciplinary/Interdisciplinary Major)	6
	AMJ-4	Advance Major paper 4 (Disciplinary/Interdisciplinary Major)	6
	RC-3	Research Internship/Field Work	4
	RC-4	Research Report	4
	VSR	Vocational Studies (Associated with Research)	2
		Total Credit	176

Abbreviations:

CC Common Courses

IRC Introductory Regular Courses

IVS Introductory Vocational Studies

IAP Internship/Apprenticeship/ Project

VS Vocational Studies

MJ Major Disciplinary/Interdisciplinary Courses

MN Minor Disciplinary/Interdisciplinary Courses

AMJ Advance Major Disciplinary/Interdisciplinary Courses

RC Research Courses

VSR Vocational Studies associated with Research

SEMESTER WISE COURSES IN PSICHOLOGY FOR FYUGP

2022 onwards**Table 7: Semester wise Examination Structure in Discipline Courses:**

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Examination Structure			
	Code	Papers	Credits	Mid Semester Theory (F.M.)	End Semester Theory (F.M.)	End Semester Practical/ Viva (F.M.)
I	MJ-1	Introduction to Psychology	6	15	60	25
II	MJ-2	Psychology and its application	6	15	60	25
III	MJ-3	Foundation of social Psychology	6	15	60	25
IV	MJ-4	Foundation of Developmental Psychology	6	15	60	25
	MJ-5	Emergence of Environmental Psychology	6	15	60	25
V	MJ-6	Introduction to Personality	6	15	60	25
	MJ-7	Positive Psychology	6	15	60	25
VI	MJ-8	Basics of Clinical Psychology	6	15	60	25
	MJ-9	Foundation of Organizational Behaviour	6	15	60	25
VII	AMJ-1	Counselling Skills	6	15	60	25
	AMJ-2	Quantitative Data Analysis	6	15	60	25
	RC-1	Field Techniques, Surveying and Research Methods	6	25	75	---
	RC-2	Research Proposal, Review of literature	4	25	75	---
VIII	AMJ-3	Fundamentals of Clinical Psychology	6	15	60	25
	AMJ-4	Psychological Assessment.	6	15	60	25
	RC-3	Research Internship/ field work	4	---	---	100
	RC-4	Preparation of the Research project report	4	---	---	100
	VSR	Vocational Studies (Associated with Research)	2	---	---	100
		Total Credit	98			

Table 7: Semester wise Course Code and Credit Points:

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Examination Structure			
	Code	Papers	Credits	Mid Semester Theory (F.M.)	End Semester Theory (F.M.)	End Semester Practical/ Viva (F.M.)
I/ II/ III	IRC	Introductory Psychology	3	---	75	25
IV	MN-1	Psychology and Mental Health	6	15	60	25
V	MN-2	Community Psychology	6	15	60	25
VI	MN-3	Psychology At Work	6	15	60	25
		Total Credit	21			

AIMS OF BACHELOR'S DEGREE PROGRAMME IN PSYCHOLOGY

The undergraduate psychology programme aims at the following goals:

1. Offering learning opportunities to orient the students towards scientific and humanistic study of the complexities of human mind and behaviour.
2. Imparting knowledge of basic psychological concepts and methods, and developing ability to appreciate the challenges in field settings.
3. Help shaping cognitive, affective and behavioural abilities of students for building responsible psychology professionals and researchers.
4. Facilitating acquisition of basic skills in major areas of application (e.g. psychological testing, experimentation, counselling, interviewing, developing psychological tools, behaviour modification, data analysis, report writing).
5. Promoting self-understanding, reflexivity and personal growth. Helping students understand the complexities of self and human relationships and how the two make each other up.
6. Developing a strong sense of ethical and moral aptness in general and in the context of learning and its assessment in particular.
7. Helping students master the basic reflective, analytical, scientific writing, computational and communicative competencies.
8. Developing respect for social diversity and increasing social and cultural relevance of learning.

PROGRAM LEARNING OUTCOMES

The learners who complete FYUGP of full-time undergraduate programme in psychology would earn a Bachelor's degree Honours/research. The learning outcomes that a student should be able to demonstrate on completion of a degree level programme may involve academic, behavioural and social competencies as described below:

Academic Competence

1. Disciplinary knowledge and methods including data analysis and computer literacy.
2. Basic professional skills pertaining to psychological testing, assessment and counselling.
3. Ability to use skills in specific areas related to chosen specialization (e.g. cognitive, industrial-organizational, clinical, counselling, health, educational, social, community).
4. Ability to relate and connect concepts with personal experiences and using critical thinking.
5. Curiosity and ability to formulate psychology related problems and using appropriate concepts and methods to solve them.
6. Ability to use various e-resources and social media and negotiating with technological challenges.
7. Articulation of ideas, scientific writing and authentic reporting, effective presentation skills.
8. Dealing with conflicting theories and approaches, learning to withstand ambiguities and understanding the limitations of the discipline.

Personal & Behavioural Competence

1. Self-development, health and hygiene, self-regulation skills.
2. Developing positive attributes such as empathy, compassion, social participation, and accountability.
3. Developing cultural and historical sensibility particularly indigenous traditions, socio-cultural context and diversity.
4. Having conversational competence including communication and effective interaction with others, listening, speaking, and observational skills.
5. Appreciating and tolerating different perspectives.
6. Ability to work both independently and in group and dealing effectively with clients and stakeholders, learning the art of negotiation.

Social Competence

1. Collaboration, cooperation and realizing the power of groups and community.
2. Analysing social problems and understanding social dynamics.
3. Gender sensitization including gender respect, respect for one's own gender, dealing with gender confusion and gender identity issues.
4. Ethical, social and ecological responsibility including acknowledging the dignity and presence of others, awareness of social order, learning of values and social concern reflected through activation of social participates (e.g. village surveys, visiting old age homes and spending time with elderly, orphanage community service etc).
5. Moral and ethical awareness and reasoning involving objective and unbiased work attitude, avoiding unethical behaviours such as data fabrication and plagiarism, observing code of conduct, respecting intellectual property rights and being aware of the implications and ethical concerns of research studies.
6. Commitment to health and wellbeing at different levels (e.g. individual, organization, community, society).

SEMESTER I

I. MAJOR COURSE –MJ 1:

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75	Pass Marks: Th (SIE + ESE) = 30
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Instruction to Question Setter for

Semester Internal Examination (SIE 10+5=15 marks):

There will be **two** group of questions. **Question No.1** will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

INTRODUCTION TO PSYCHOLOGY

Theory: 60 Lectures

Course Learning Outcomes:

After the completion of course, the students will have ability to:

1. Understanding what Psychology is all about.
2. Appreciation of the scope and the field of Psychology.
3. Developing familiarity with basic concepts related to some foundational themes of study in Psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain.
4. Developing familiarity with individual level phenomenon such as intelligence and personality.

Course Content:

Unit-I: Introduction:

1. Nature of Psychology: Definition, Subject matter and Branches of Psychology
2. Psychology in India: History and current status
3. Methods of Psychology (with special emphasis on Experimentation: Variables and types of experimentation.
4. Biological basis of human behaviour (with emphasis on central nervous system

Unit-II: Learning, Memory and Perception

1. Learning: Classical conditioning, Instrumental learning
2. Memory: Models of memory: Information processing model (sensory register, STM, LTM and concept of working memory), Reconstructive, nature of memory; Forgetting, Improving memory

3. Perception: Process and Gestalt view point of perception.

Unit-III: Motivation and Emotion-

1. Approaches to understanding motivation and Types of motives
2. Elements of Emotions (Components, James Lange and Hypothalamus Theories of Emotion)

Unit-IV: Individual differences: Personality and Intelligence

1. Personality: Nature and Theories: Trait and Type approach
2. Intelligence: Nature and Theories: Two factor theory

Reference Books:

1. Banyard, P., Davies, M. N. O., Norman, C. & Winder, B. (Eds.) (2010). Essential psychology. New Delhi: SAGE Publications.
2. Baron, R. & Misra, G. (2014). Psychology. New Delhi: Pearson.
3. Ciccarelli, S. K. & White, J. N. & Misra, G. (2018). Psychology. New Delhi: Pearson Education.
4. Morgan, C. T., King, R., Weise, J. & Schopler, J. (2017). Introduction to Psychology (7th Ed.) McGraw Hills.
5. Holt, N., Brenner, A., Sutherland, E., Vliek, M. and Passer, M., & Smith, R. (2015).
6. Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill.

PSYCHOLOGY PRACTICAL- MJ 1 LAB

Marks : Pr (ESE: 3Hrs) =25

Pass Marks: Pr (ESE) = 10

Instruction to Question Setter for End Semester Examination (ESE):

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

<i>Experiment</i>	<i>= 15 marks</i>
<i>Project/Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

PRACTICALS:

60 Lectures

Cartographic Techniques I

Project work:

1. Making one's emotional pie chart or list of daily emotions, along with the context in which the emotion occur for a week.
2. Activity on reframing stressful situations: the candidate be asked to list three situations where they feel anger or frustration or stress

Practical Work

1. Memorizing non-sense syllables by the method of simple reproduction
2. Memorizing non-sense syllables by the method of serial reproduction
3. Effect of Knowledge of results on performance
4. Colour preference by the method of paired comparison

SEMESTER II

I. MAJOR COURSE- MJ 2:

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75

Pass Marks: Th (SIE + ESE) = 30

Instruction to Question Setter for

Semester Internal Examination (SIE 10+5=15 marks):

There will be **two** group of questions. Question No.1 will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

PSYCHOLOGY AND ITS APPLICATION

Theory: 60 Lectures

Course Learning Outcomes:

To provide knowledge about health, religion, child development, assess the intelligence, personality and role of psychology for the better social development of the community

Learning Outcomes:

1. Demonstrating the ability to apply psychological knowledge to prevent and solve human problems existing at individual, group and societal level and develop related skills that promote human welfare and optimal human functioning
2. Knowing the career opportunities that exist within the discipline and profession of psychology and through self-reflection develop insights into appropriate career choices
3. Having knowledge about the ethics and proficiencies required for practitioner psychologists
4. Acquiring knowledge about Indian psychological concepts and their applications
5. To understand the close relation of applied psychology with research
6. To be able to communicate effectively to persuade and educate others about solutions to their problems.

Course Content:

Unit-I Nature of applied psychology

1. Psychology in everyday life: Health, religion and child development
2. Introduction to professional ethics

Unit-II Application of individual level

1. psychometric and assessment of intelligence, personality and their application
2. Positive psychology: Definition, nature, perspective and Stress management: Nature, Symptoms of stress and its management
3. Issues related to gender and addiction (drug, cell phones)
4. Application of Yoga in Psychology

Unit-III Application at individual/group/organizational level

1. Educational Psychology
2. Organizational behaviour

Unit-IV Psychology and its application at societal level

1. Role of psychology in social development
2. Community Psychology

Reference Books:

1. American Psychological Association (2010). Publication manual of the American Psychological Association. Washington, DC: American Psychological Association.
2. Cornelissen, R. M. M., Misra, G., & Varma, S. (Eds.) (2014). Foundations and applications of Indian psychology. New Delhi, Pearson Education.
3. Donaldson, S. I. Donaldson, D. E. Berger, D. E. (2006). The rise and promise of applied psychology in the 21st Century. In S. I. Donaldson, D. E. Berger, & K.
4. <http://www.psychologydiscussion.net/branch/branches-of-psychology-different-branches-of-psychology/544>
5. Misra, G., & Mohanty, A. K. (2002). Perspectives on indigenous psychology. New Delhi, India: Concept.
6. Misra, G., & Pandey, J. (2011). Psychology and societal development. In P. R. Martin, F. M. Cheung, M. C. Knowles, M. Kyrios, J. B. Overmier and J. M. Prieto (Eds.), IAAP handbook of applied psychology. Oxford: Wiley-Blackwell.
7. Pezdek (Eds.), Applied psychology: New frontiers and rewarding careers. Mahwah, NJ: Erlbaum. Retrieved from [http://www.apa.org/ Branches of Psychology](http://www.apa.org/Branches of Psychology).
8. Weathington, B. L., Christopher, J. L., Cunningham, B. J., O'Leary, & Biderman, M. D.

PSYCHOLOGY PRACTICAL- MJ 2 LAB:

Marks : Pr (ESE: 3Hrs) =25	Pass Marks: Pr (ESE) = 10
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Instruction to Question Setter for**End Semester Examination (ESE):**

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

Experiment	= 15 marks
Project/Practical record notebook	= 05 marks
Viva-voce	= 05 marks

PRACTICALS:**60 Lectures****Project work**

1. Psychology applied to self: making a report on how studying psychology has benefitted the student's health.
2. Analyzing social problems from psychological perspectives

Practical work:

1. Measurement of verbal Intelligence by using Battery of performance Intelligence test
2. Measurement of Emotional Intelligence by using Mangal Emotional Intelligence Scale
3. Assessment of Stress by using Academic Stress Inventory for School Students- S. Rani and B.B. Singh
4. Measurement of Personality by using Cattell's 16 PF

SEMESTER III

I. MAJOR COURSE- MJ 3:

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75	Pass Marks: Th (SIE + ESE) = 30
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Instruction to Question Setter forSemester Internal Examination (SIE 10+5=15 marks):

There will be **two** group of questions. **Question No.1** will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

FOUNDATION OF SOCIAL PSYCHOLOGY

Theory: 60 Lectures**Course Learning Outcomes:**

Develop basic skills among Students to overcome poverty corruption and unemployment from the Society.

Learning Outcome:

1. Understanding the basic social psychological concepts and familiarize with relevant methods.
2. Understanding the applications of social psychology to social issues like gender and environment.
3. Developing skills to understand social situations and its measurement

Course Content:**Unit-I: Introduction**

1. Nature and scope of social psychology
2. History of social psychology
3. Relationship of social psychology with Sociology and Anthropology

Unit-II: Attitude

1. Nature and definition
2. Formation of attitude
3. Factors responsible for attitude change

Unit-III: Social Interaction and Influences

1. Social perception- Nature, factors affecting social cognition.
2. Pro-social behaviour- Nature, factors developing pro-social behaviour.

Unit-IV: Group dynamics and Inter Group Relations

1. Nature of Groups
2. Types and functions of group
3. Prejudice-Nature & determinants (Sociological & Psychological)

Reference Books:

1. Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India: Pearson.
 2. Hogg, M. A., & Vaughan, G. M. (2005). Social psychology. Harlow: Pearson Prentice Hall.
 3. Husain, A. (2012). Social psychology. New Delhi, India: Pearson.
 4. Myers, D. G. (2008). Social psychology, New Delhi, India: Tata McGraw-Hill.
 5. Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi, India: Pearson.
 6. Suleman, M. Adhunik Samaj Manovigyan.
 7. Singh, A. K. Uchhatar Samaj Manovigyan.
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PSYCHOLOGY PRACTICAL- MJ 3 LAB:**Marks : Pr (ESE: 3Hrs) =25****Pass Marks: Pr (ESE) = 10*****Instruction to Question Setter for******End Semester Examination (ESE):***

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

<i>Experiment</i>	<i>= 15 marks</i>
<i>Project/Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

PRACTICALS:**60 Lectures****Project Work:**

1. Role of gender in impression formation: Subjects are given the same verbal description for Male/female targets, but gender is manipulated by changing the name (like using Ram/Rama or Ankit/Ankita). Subjects are asked to rate the given person "Ram/Rama" on the basis of the description provided on different dimensions.
2. Analysis of news in National daily's (Newspapers in Hindi, English and other Languages), identifying news of unethical/immoral incidents, making a list of incidents for a month, then classifying it according to types of incidents and also analyzing underlying values and bases of moral behaviour, and the kind of social problem associated with it.

Practical Work:

1. Measurement of Attitude by the using Equality of Women Attitude Scale- Rama Tiwari
 2. Measurement of Nationalism by the using Sense of Nationalism Scale- K.L.Dangwal
 3. Measurement of Prejudice by the using Prejudice Scale- R.L.Bharadwaj & H.Sharma
 4. Person Perception- Upadhyaya
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SEMESTER IV

I. MAJOR COURSE- MJ 4:

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75	Pass Marks: Th (SIE + ESE) = 30
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Instruction to Question Setter for

Semester Internal Examination (SIE 10+5=15 marks):

There will be **two** group of questions. **Question No.1** will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

FOUNDATION OF DEVELOPMENTAL PSYCHOLOGY

Theory: 60 Lectures

Course Learning Outcomes:

To provide knowledge about Human Development, relevant social issues and developmental issues in children and adults.

Learning Outcome:

1. Demonstrating an ability to understand and distinguish major theoretical perspectives and methodological approaches in human development.
2. Developing an ability to identify the milestones in diverse domains of human development across life stages.
3. Understanding the contributions of socio-cultural context toward shaping human development.
4. Acquiring an ability to decipher key developmental challenges and issues faced in the Indian context.

Course Content:

Unit-I: Introduction to developmental Psychology:

1. Issues and theories in Developmental Psychology-Nature and nurture; plasticity in development.
2. Theoretical Perspectives: Psychodynamic (Freud and Erikson);
3. Cognitive (Piaget, information processing approaches)
4. Socio-cultural: Vygotsky
5. Research methods: Longitudinal, Cross sectional and ethics in research.

Unit-II: Domains of Development across life span-I

1. Physical development (from infancy to late adulthood)
2. Cognitive development and language development, Role of language in cognitive development.

Unit-III: Domains of Development across life span-II

Socio-emotional development and Moral Development

Unit-IV: Developmental issues in Indian context

1. Issues of social relevance (gender, disability and Poverty)
2. Developmental issues in children and adolescents Challenges of adulthood;

Reference Books:

1. Georgas, J., Berry, J. W., Van de Vijver, F. J., Kagitçibasi, C., & Poortinga, Y. H. (Eds.) (2006). Families across cultures: A 30-nation psychological study. New York: Cambridge University Press.
 2. Berk, L. E. (2010). Child development (9th Ed.). New Delhi, India: Prentice Hall.
 3. Feldman, R. S., & Babu, N. (2011). Discovering the life-span. New Delhi, India: Pearson.
 4. Kakar, S. (2012). The inner world: A psychoanalytic study of childhood and society in India (4th Ed.). New Delhi, India: Oxford University Press.
 5. Papalia, D. E., Olds, S. W., & Feldman, R. D. (2006). Human development (9th Ed). New Delhi, India: Tata McGraw-Hill.
 6. Mitchell, P., & Ziegler, F. (2007). Fundamentals of development: The psychology of childhood. New York: Psychology Press.
 7. Santrock, J. W. (2012), A topical approach to life-span development. New Delhi, India: Tata McGraw-Hill.
 8. Saraswathi, T. S. (2003). Cross-Cultural perspectives in human development: Theory, research and applications. New Delhi, India: Sage Publications.
 9. Shaffer, D. R., & Kipp, K. (2007). Developmental psychology: Childhood and adolescence Indian reprint: Thomson Wadsworth.
 10. Sharma, N., & Chaudhary, N. (2009). Human development: Contexts and processes. In G. Misra (Ed.), Psychology in India. Vol 1: Basic psychological processes and human development. India: Pearson.
 11. Srivastava, A. K. (Ed) (1997). Child development. An Indian perspective. New Delhi: NCERT.
 12. Srivastava, D. N. & Verma, Priti. Child psychology: Child Development. Agra: Vinod Pustak Mandir.
 13. मानवीय विकास के विविध आयाम – वन्दना एवं सुदर्शन चौहान।
 14. Singh, Rajender Prasad: Vikasatmak Manovigyan.
 15. Hurlock, Developmental Psychology
 16. Sinha, RRP- Vikasatmak Manovigyan.
 17. Singh, R. Vikasatmak Manovigyan.
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PSYCHOLOGY PRACTICAL- MJ 4 LAB:**Marks : Pr (ESE: 3Hrs) =25****Pass Marks: Pr (ESE) = 10*****Instruction to Question Setter for******End Semester Examination (ESE):***

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

<i>Experiment</i>	<i>= 15 marks</i>
<i>Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

PRACTICALS:**60 Lectures****Project Work:**

1. Prepare a report based on interview with elderly person either in family or in old age homes. This will help to build conversational skills, interview skills, qualitative/content analysis, professional ethics, sensitivity to the problem of aged, responsibility awareness of policies etc. in the students.
2. Life review of an old person or a middle-aged person. They also learn how to transcribe data from audio-recording.

Practical Work:

1. Self-concept questionnaire- R.K.Saraswat
 2. Battle's Self-Esteem Inventory for Children- Anand Kumar
 3. Parental Encouragement questionnaire- K.G. Agarwal.
 4. Delinquency Proneness Scale- R.Chopra & S.Kaur
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II. MAJOR COURSE- MJ 5:

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75**Pass Marks: Th (SIE + ESE) = 30*****Instruction to Question Setter for******Semester Internal Examination (SIE 10+5=15 marks):***

There will be two group of questions. Question No.1 will be very short answer type in Group A consisting of five questions of 1 mark each. Group B will contain descriptive type two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be two group of questions. Group A is compulsory which will contain three questions. Question No.1 will be very short answer type consisting of five questions of 1 mark each. Question No.2 & 3 will be short answer type of 5 marks. Group B will contain descriptive type five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

EMERGENCE OF ENVIRONMENTAL PSYCHOLOGY**Theory: 60 Lectures****Course Learning Outcomes:**

To understand & develop pro-environmental behaviour and psychological process (Attitude and Belief) in relation to environmental problem. To understand process related to environmental degradation and their impact on human life.

Learning Outcome:

1. Understanding the role of psychological processes (people's attitude, beliefs) in people's responses to environmental problems.
2. Understanding the processes related to environmental degradation and their impact on human life.
3. Understanding pro-environmental behaviour and human-environment transaction, and being able to design behavioural interventions to minimize the adverse effects of anti-environment behaviour.

Course Content:**Unit-I: Introduction to Emergence of Environmental Psychology**

Definition and Scope. Human- environment relationship.
Salient features of environmental psychology.
Recent trends and future directions in environmental psychology.
Indian views on human – environment relationship.

Unit-II: Human-Environment transaction

Personal space, crowding.
Indian research on crowding and personal space.
Theoretical model: Ecological and adaptation

Unit-III: Environmental stress:

Concept and type of stress.
Sources of stressors: Environmental, social, physical and psychological
Pollution: noise, air, water

Unit-IV: Pro-environmental behaviour

Changing the environmental destructive mindset.
Environmental awareness and education
Reinforcement strategies

Reference Books:

1. Fisher, J.D., Bell, P.A., and Baum, A. (1984). Environmental Psychology, NY: Holt, Rinehart and Winston.
 2. Jain, U. (1987). The psychological consequences on crowding. New Delhi, India: Sage.
 3. Jain, U., & Palsane, M. N. (2004). Environment and behaviour. In J. Pandey (Ed.), Psychology in India revisited: Developments in the discipline (Vol. 3: Applied social and organizational psychology, pp. 261-308). New Delhi, India: Sage.
 4. Nagar, D. (2006). Environmental psychology. New Delhi, India: Concept.
 5. Tripathi, Dyashankar: Pryawaran Adhyan.
 6. Tiwari, Prem Sagarnath: Pryawaran Manovigyan.
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PSYCHOLOGY PRACTICAL- MJ 5 LAB:

Marks : Pr (ESE: 3Hrs) =25	Pass Marks: Pr (ESE) = 10
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Instruction to Question Setter for***End Semester Examination (ESE):***

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

<i>Experiment</i>	<i>= 15 marks</i>
<i>Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

PRACTICALS:**60 Lectures****Project Work:**

1. Prepare a checklist of environmental stressors of rural and urban life and collecting data.
2. Make presentations of successful environmental movements across the world like the Chipko movements, Green Peace "Save the Antarctic" etc.

Practical Work:

1. Measurement of Environmental behaviour by using Environmental behaviour scale- A. Singal, U. Verma & P. Singal
 2. Measurement of Pro Environmental Behaviour by using Pro Environmental Behaviour Scale- A. Suhane
 3. Measurement of Environmental Behaviour by using Environmental Awareness Ability Measure- Praveen Kumar Jha
 4. Measurement of Environmental Knowledge by using Environmental Knowledge Test- Seema Dhawan
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SEMESTER V

I. MAJOR COURSE- MJ 6:

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75

Pass Marks: Th (SIE + ESE) = 30

Instruction to Question Setter for

Semester Internal Examination (SIE 10+5=15 marks):

*There will be two group of questions. Question No.1 will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.*

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

*There will be two group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.*

Note: There may be subdivisions in each question asked in Theory Examinations.

INTRODUCTION TO PERSONALITY

Theory: 60 Lectures

Course Learning Outcomes:

To provide introductory knowledge about personality, factors (Heredity & Environment) affecting personality to understand self through Vedanta, Yoga, Sufi and Buddhist tradition.

Learning Outcome:

1. Appreciating conceptualizations of personality in the Western as well as Eastern traditions.
2. Understanding self and personality through Eastern perspectives such as Mimamsa, Vedanta, Samkhya, Yoga, Buddhist and Sufi traditions.
3. Developing a critical understanding of personality through various Western approaches including type and trait, psychoanalytic, socio-cognitive and humanistic.
4. Understanding biological and environmental influences on personality development.
5. Fostering an applied perspective by engaging students in a discussion about the everyday applications of various personality theories.

Course Content:

Unit-I: Introduction to Personality

1. Concept and Definition of Personality
2. Role of Factors in the development of Personality (heredity and environment)
3. Assessment of Personality

Unit-II: Western approaches to personality-1

1. Trait and Type Approaches (including Eastern Perspective such as “Tri-guna” theory)
2. Socio-Cognitive Approach to Personality

Unit-III: Western approaches to personality –II

1. Psychoanalytic Approach to Personality
2. Humanistic Approach to Personality

Unit-IV: Understanding self through Eastern Perspective

1. Understanding self through Vedanta, and Yoga
2. Understanding self through Sufi and Buddhist tradition.

Reference Books:

1. Carducci, B. J. (2009). The psychology of personality: Viewpoints, research & application. Hong Kong: Wiley-Blackwell.
2. Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian edition. New Delhi, India: Pearson Education.
3. Cornelissen. R. M. M., Misra, G., & Varma. S. (Eds.) (2011). Foundations of Indian psychology Theories and concepts (Vol. 1). New Delhi, India: Pearson.
4. Feist, J. Feist, G.J. & Herman, T.A.R.W. (2018). Theories of Personality. Tata Mc Graw Hill.
5. Friedman, H. S., & Schustack, M. W. (2006). Personality Classic theories and modern research. New Delhi, India: Pearson.
6. Kuppaswamy, B. (2001). Elements of ancient Indian psychology, New Delhi, India: Konark Publishers Pvt. Ltd.
7. Misra, G. & Mohanty, A. K (Eds.) (2002). Perspectives on indigenous psychology. New Delhi, India: Concept Publishing Company
8. Paranjpe. A. C. (1984), Theoretical psychology. The meeting of east and west. New York: Plenum Press.
9. Patnaik, D. (2015). My Gita. New Delhi: Rupa.
10. Rao, K. R., Paranjpe, A. C., & Dalal. A. K. (Eds.) (2008), Handbook of Indian psychology. New Delhi, India: Foundation Books.
11. व्यक्तित्व मनोविज्ञान – मधु अस्थाना
12. व्यक्तित्व का मनोविज्ञान- अरुण कुमार सिंह

PSYCHOLOGY PRACTICAL- MJ 6 LAB:

Marks : Pr (ESE: 3Hrs) =25	Pass Marks: Pr (ESE) = 10
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Instruction to Question Setter for***End Semester Examination (ESE):***

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

<i>Experiment</i>	<i>= 15 marks</i>
<i>Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

PRACTICALS:**60 Lectures****Project Work:**

1. Case study on Personality/Social Behaviour/Mental Retardation.

Practical Work:

1. Measurement of personality by using Maudsley Personality Inventory (MPI).
2. Measurement of personality by using Thematic Apperception Test (TAT).
3. Measurement of personality by using Word Association Test (WAT).
4. Measurement of personality dimension by using Dimensional Personality Inventory- Mahesh Bhargava.

II. MAJOR COURSE- MJ 7:

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75**Pass Marks: Th (SIE + ESE) = 30*****Instruction to Question Setter for******Semester Internal Examination (SIE 10+5=15 marks):***

There will be two group of questions. Question No.1 will be very short answer type in Group A consisting of five questions of 1 mark each. Group B will contain descriptive type two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be two group of questions. Group A is compulsory which will contain three questions. Question No.1 will be very short answer type consisting of five questions of 1 mark each. Question No.2 & 3 will be short answer type of 5 marks. Group B will contain descriptive type five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

POSITIVE PSYCHOLOGY**Theory: 60 Lectures****Course Learning Outcomes:**

Learning Objectives: To make students aware about positivity, Happiness and well-being through Positive Psychology.

Learning Outcomes:

1. Meaning and conceptual approaches to happiness and well-being.
2. Being able to locate the diversity in the experiences of happiness with individual's life span and across different domains.
3. Learning the various pathways through which positive emotions and positive traits contribute to happiness and well-being.
4. Being able to identify the key virtues and character strengths which facilitate happiness and well-being.

Course Content:**Unit-I: Introduction**

1. Positive psychology: Meaning, definition, assumptions and goals;
2. Meaning and measures of happiness and well-being: Hedonic and eudaimonic traditions
3. Indian perspectives and positive psychology

Unit-II: Happiness and well-being

1. Happiness: Concept and definitions
2. Happiness and the facets of life: Gender, Love, Marriage
3. Happiness across the life span: Happiness and well-being across culture and nationalities
4. Psychology of flow

Unit-III: Emotions, Personality traits and well-being

1. Positive emotions (hope, optimism, gratitude) and well-being
2. Cultivating positive emotions
3. Positive traits: Personality and positive beliefs

Unit-IV: Virtues, character strengths, and well being

1. Classification of human virtues (Seligman's approach)
2. Wisdom as a foundational strength and virtue; Character strengths and health.
3. Religion, spirituality and transcendence.

Reference Books:

1. Baumgardner, S. R., Crothers, M. K. (2009) Positive psychology. New Delhi, India: Pearson.
2. Carr. A. (2004) Positive Psychology The science of happiness and human strength UK: Routledge.
3. David. S. A., Boniwell, I., & Ayers, A. C. (2013), The Oxford handbook of happiness. Oxford: Oxford University Press.
4. Husain, A., & Saeeduzzafar. (2011). Islamic virtues and human development New Delhi. India: Global Vision Publishing House.
5. Joseph, S. (Ed.) (2015). Positive psychology in practice. Promoting human flourishing in work, health, education, and everyday life Hoboken, NJ. John Wiley & Sons.
6. Kumar, U. Archana, & Prakash, V. (2015). Positive psychology - Applications in work, health and well-being: Delhi & Chennai, India: Pearson,
7. Peterson, C. (2006) A Primer in Positive Psychology. New York: Oxford University Press.
8. Seligman, M.E.P. (2002). Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment. New York; Free Press/Simon and Schuster.
9. Snyder, C. R., & Lopez. S. J. (2002). Handbook of positive psychology: New York: Oxford University.
10. Snyder, C.R., & Lopez, S. (2007), Positive psychology: The scientific and practical explorations of human strengths. Thousand Oaks, CA: Sage.
11. सकारात्मक मनोविज्ञान – मधु जैन
12. सकारात्मक मानस शास्त्र - डॉ० विश्वनाथ शिंदे

PSYCHOLOGY PRACTICAL- MJ 7 LAB:

Marks : Pr (ESE: 3Hrs) =25	Pass Marks: Pr (ESE) = 10
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Instruction to Question Setter for**End Semester Examination (ESE):**

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

Experiment	= 15 marks
Project/Practical record notebook	= 05 marks
Viva-voce	= 05 marks

PRACTICALS:**60 Lectures****Project Work:**

1. Positive psychology through movies: Make a chart of positive and negative emotions displayed
2. Activities like Random act of kindness or counting one's blessings, making one's happiness curve in life.

Practical Work:

1. Measurement of Happiness level by using Happiness Scale- H. Rastogi & J. Moorjani
2. Measurement of Self-confidence by using Self-confidence inventory- Agnihotri
3. Measurement of Psychological Well-Being by using Psychological Well-Being Scale- D.S. Sisodia & P. Choudhary
4. Measurement of wellbeing by using General Well-Being Scale- V.L. Chauhan & R.K. Didwania

SEMESTER VI

I. MAJOR COURSE- MJ 8:

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75

Pass Marks: Th (SIE + ESE) = 30

Instruction to Question Setter for

Semester Internal Examination (SIE 10+5=15 marks):

There will be **two** group of questions. Question No.1 will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

BASICS OF CLINICAL PSYCHOLOGY

Theory: 60 Lectures

Course Learning Outcomes:

To provide knowledge about distinguishing normal and abnormal behaviour, educate students about anxiety, trauma and Dissociative Personality Disorders.

Learning Outcome:

1. Foundational knowledge of Clinical Psychology and its historical development.
2. Acquiring knowledge and skills for distinguishing normal and abnormal behaviour and learn the criteria of determining abnormality.
3. Developing competencies for assessing the psychological functioning of individuals through techniques such as psychological assessment, observation and interviewing.
4. Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases- Mental Disorder section).
5. Acquiring knowledge about anxiety disorders and Trauma & Stressor-related, Dissociative and Personality Disorders.
6. Developing sensitivity towards individual and cultural diversity and understanding its implication in clinical work especially within the Indian context.
7. Understanding the essence of a reflective practitioner by engaging in reflective processes that him or her aware of his or her strengths and vulnerabilities.

Course Content:

Unit-I: Introduction

1. Definition of Clinical Psychology, Historical development of Clinical Psychology.
2. Concept of Abnormal behaviour.

Unit-II: Clinical Assessment and Classification

1. Clinical Assessment: Clinical Interview (emphasis on Mental Status Examination – MSE and Case History Interview), Observation, Psychological testing.
2. Classification and Diagnosis: Classification models: DSM-V (latest) and ICD (latest).

Unit-III: Anxiety and Obsessive-Compulsive Disorders: Clinical Picture and Etiology

1. Generalized Anxiety Disorder
2. Specific Phobia and Social Anxiety Disorder (Social Phobia)
3. Obsessive – Compulsive Disorder

Unit-IV: Trauma & Stressor-related, Dissociative and Personality Disorders: Clinical Picture and Etiology

1. Adjustment Disorder
2. Post-Traumatic Stress Disorder
3. Dissociative Identity Disorder
4. Personality Disorders (Clusters A, B and C): Only Clinical Picture.

Reference Books:

1. Beg, M. A., & Beg, S. (1996). Logotherapy and the Vedantic view of life and mental well-being. Journal des Viktor-Frankl-Instituts, 1, 97-112.
2. Butcher, J.N., Hooly, J.M, Mineka, S.& Dwivedi, C.B (2017). Abnormal Psychology. N.Delhi: Pearson:
3. Hecker, J. E., & Thorpe, G. L. (2005). Introduction to clinical psychology. Delhi: Pearson Education.
4. Husain, A., Beg, M. A., & Dwivedi, C. B. (2013) Psychology of humanity and spirituality New Delhi: Research India Press
5. Llewelyn, S., Murphy, D. (Eds.) (2014) What is clinical psychology? Oxford UK: Oxford Univ. Press.
6. Plante. T. G. (2011). Contemporary clinical psychology. (3rd edition). New York: John Wiley & Sons.
7. Pomerantz A. M. (2008). Clinical psychology Science practice and culture. New Delhi. Sage Publications.
8. Sommers-Flanagan, J. & Sommers-Flanagan, R. (2017), Clinical Interviewing New Jersey: Wiley.
9. मनोरोग विज्ञान - डॉ० मशरूर जहाँ
10. आधुनिक नैदानिक मनोविज्ञान - मो० सुलेमान
11. मनोरोग विज्ञान - मो० सुलेमान

PSYCHOLOGY PRACTICAL- MJ 8 LAB:

Marks : Pr (ESE: 3Hrs) =25

Pass Marks: Pr (ESE) = 10

Instruction to Question Setter for**End Semester Examination (ESE):**

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

Experiment	= 15 marks
Practical record notebook	= 05 marks
Viva-voce	= 05 marks

PRACTICALS:**60 Lectures****Project Work:**

1. Formulating a case using diagnostic techniques on a Subject - Behavioural assessment, psychological assessment, Cognitive assessment and Personality assessment.
2. Helps in building societal competence: Analysing social problems and understanding social dynamics.

Practical Work:

1. Self-Confidence Inventory (ASCI) by Agnihotri.
2. Neurosis Measurement Scale- M.P. Uniyal & A.R. Bisht
3. Anxiety, Depression and Stress Scale- Pallavi Bhatnagar
4. Sinha's Anxiety Test- A.K.P. Sinha & L.N.K. Sinha

II. MAJOR COURSE- MJ 9:

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75**Pass Marks: Th (SIE + ESE) = 30*****Instruction to Question Setter for******Semester Internal Examination (SIE 10+5=15 marks):***

There will be two group of questions. Question No.1 will be very short answer type in Group A consisting of five questions of 1 mark each. Group B will contain descriptive type two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SLA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be two group of questions. Group A is compulsory which will contain three questions. Question No.1 will be very short answer type consisting of five questions of 1 mark each. Question No.2 & 3 will be short answer type of 5 marks. Group B will contain descriptive type five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

FOUNDATION OF ORGANIZATIONAL BEHAVIOUR**Theory: 60 Lectures****Course Learning Outcomes:**

To provide organizational behavioural knowledge to the students for better organizational Behavioural outcomes.

Learning Outcome:

1. Developing a deeper understanding of conceptual and theoretical bases of motivation and employees' work attitudes and their relationship with performance and organizational outcomes.
2. Understanding leadership processes from different theoretical perspectives.
3. Understanding group dynamics, working through conflicts and working in teams.

Course Content:**Unit-I: Introduction**

1. Nature, Concept and Scope of Organizational psychology.
2. Historical Developments: The Early Years, Classical School: Taylor/Human Relations Approach.

Unit-II: Introduction of work-related Attitudes and Work Motivation

1. Employees attitude and Job satisfaction
2. Work motivation
3. Job involvement

Unit-III: Leadership

1. Basic Approaches: Trait theory, Behavioural theories and Contingency theories
2. Indian perspective on leadership

Unit-IV: Dynamics of Organizational Behaviour

1. Stress in Organization:
2. Nature, Effect, sources and Techniques for managing Stress.

Reference Books:

1. Aamodt, M. G. (2016). Industrial/Organizational psychology An applied approach. Boston: Cengage Learning.
2. Kalra, S. K. (2004). Consultative managerial leadership style in India: A viable alternative In
3. P. N. Mukherjee. & C. Sengupta (Eds.), Indigenity and universality in social sciences A south Asian response. New Delhi: Sage Publications.
4. Muchinsky, P. M., & Culbertson, S. S. (2016), Psychology applied to work. Summerfield, NC: Hypergraphic Press.
5. Pareek, U. (2007). Understanding organizational behaviour. New Delhi: Oxford University Press.
6. Pareek, U. & Gupta, R. K. (2010). Organizational behaviour. New Delhi: Tata McGraw Hill.
7. Sinha, J. B. P. (2008). Culture and organizational behavior. New Delhi, India: Sage Publications.
8. Muhaamad Suleman: Sangthnatmak Vayohar.

PSYCHOLOGY PRACTICAL- MJ 9 LAB:

Marks : Pr (ESE: 3Hrs) =25	Pass Marks: Pr (ESE) = 10
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Instruction to Question Setter for***End Semester Examination (ESE):***

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

<i>Experiment</i>	= 15 marks
<i>Practical record notebook</i>	= 05 marks
<i>Viva-voce</i>	= 05 marks

PRACTICALS:**60 Lectures****Project Work:**

1. A study of women leaders in organizations through the use of secondary data (Website, online interviews, newspaper articles, etc.)
2. Case study of an organization.

Practical Work:

1. Measurement of Job Satisfaction – K. Oza & U. Singh
2. Organizational Behaviour Scale- S.M. Gawande & P.S. Mohite
3. Work Motivation Questionnaire- K.G. Agarwal
4. Measurement of Leadership Behaviour- T.N. Sinha & J. Prasad

SEMESTER VII

I. ADVANCE MAJOR COURSE- AMJ 1: (Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75	Pass Marks: Th (SIE + ESE) = 30
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Instruction to Question Setter for

Semester Internal Examination (SIE 10+5=15 marks):

There will be **two** group of questions. **Question No.1** will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SLA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

COUNSELLING SKILLS

Theory: 60 Lectures

Course Objectives:

1. To develop skills among students for reading stress, Anxiety and choosing relaxation, reducing negative-self talk and developing client-counsellor relationship.

Course Learning Outcomes:

1. Understanding Profession of counselling, particularly in the Indian context.
2. Acquiring basic counselling skills of problem identification, and relationship building (e.g., empathy, listening, paraphrasing, unconditional positive regard).
3. Demonstrating skills of helping clients. Students may choose relaxation, reducing negative/maladaptive self-talk, also learn skills of terminating the counselling relationship.
4. Developing qualities of an effective counsellor including increasing self-awareness, reflexivity, self-monitoring and objectivity.
5. Developing proficiencies to assist professional counsellors during intake interviews.
6. Helping clients having mild concerns in life; for instance-acting as peer counsellors in the college/community.

Course Content:

Unit-I: Introduction:

1. Defining counselling, goals of counselling, basic counselling skills
2. Understanding counselling process: Development of helping relationship, counsellor - counselee relationship
3. Ethical considerations in counselling

Unit-II: Basic Approaches to counselling: basic theoretical concepts and techniques only

1. Person centred approach
2. Psychodynamic approach
3. Behavioural approach
4. Cognitive behavioural approach: (CBT)

Unit-III: Specific Counselling Skills

1. Inside and outside skills of counselling, self-monitoring skills as a counsellor
2. Training clients in relaxation
3. Improving client's self-talk and self-perceptions, terminating helping

Unit-IV: Models of Counselling Skills

1. Nature and importance of counselling skills and working alliance
2. Roger's model of counselling skills.
3. Indian models of counselling: the role of detachment and self-surrender.

Reference Books:

1. Belkin, G. S. (1998). Introduction to Counselling (3rd Ed.) Iowa: W. C. Brown, Capuzzi, D. & Gross, D. R. (2007). Counselling and Psychotherapy: Theories and Interventions (4th Ed.) New Delhi. Pearson.
2. Corey, G. (2009) Counselling and Psychotherapy: Theory and Practice (7th Ed.) New Delhi: Cengage Learning
3. Feltham, C., & Horton. I. E. (2006). The Sage handbook of counseling and psychotherapy. London: Sage Publications.
4. Jones, R. N. (2008). Basic counselling Skills: A helper's manual (2nd Ed.). New Delhi: Sage Publications.
5. आधुनिक परामर्शन मनोविज्ञान- अमरनाथ राँय और मधु अस्थाना |
6. परामर्श मनोविज्ञान-डॉ० विमल अग्रवाल|

PSYCHOLOGY PRACTICAL- AMJ 1 LAB:

Marks : Pr (ESE: 3Hrs) =25

Pass Marks: Pr (ESE) = 10

Instruction to Question Setter for**End Semester Examination (ESE):**

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

Experiment	= 15 marks
Practical record notebook	= 05 marks
Viva-voce	= 05 marks

PRACTICALS:**60 Lectures****Project Works:**

1. Analysis of any movies / Novels etc. Based on psychological counselling skills.
2. Experiential activities for counselling skills (to be conducted in group settings).

Practical Works:

1. Measurement of counselling need by using Psychological Counselling Need Scale- V.L.Chauhan & G.G.Arora
2. Suicidal Ideation Scale- Sisodia & Bhatnagar
3. Family Environment Scale- Bhatia & Chadha
4. Psychological Capital Assessment Scale- R.Rani & M.Choudhary

II. ADVANCE MAJOR COURSE- AMJ 2: (Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75

Pass Marks: Th (SIE + ESE) = 30

Instruction to Question Setter for

Semester Internal Examination (SIE 10+5=15 marks):

There will be two group of questions. Question No.1 will be very short answer type in Group A consisting of five questions of 1 mark each. Group B will contain descriptive type two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SLA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be two group of questions. Group A is compulsory which will contain three questions. Question No.1 will be very short answer type consisting of five questions of 1 mark each. Question No.2 & 3 will be short answer type of 5 marks. Group B will contain descriptive type five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

QUANTITATIVE DATA ANALYSIS

Theory: 60 Lectures

Course Objectives:

1. To provide knowledge to students about collection and analysis of data so that result can be presented statistically and logically.

Course Learning Outcomes:

1. Understanding the nature of measurement and its various levels.
2. Developing skills to use quantitative techniques such as measures of central tendency, variability, and correlation.
3. Knowing how to use the normal probability curve as a model in scientific theory
4. Grasping concepts related to hypothesis testing and developing related computational skills
5. Learning basic techniques of descriptive and inferential statistics (parametric as well as non-parametric).

Course Content:

Unit-I: Nature of Quantitative Data and Descriptive Statistics in Psychology

1. Levels of measurement
2. Measures of central tendency: Characteristics and computation of mean, median and mode
3. Measures of variability or dispersion: Characteristics and computation of range, Quartile Deviation and Standard Deviation.
4. Derived scores: Standard scores (z-scores, T-scores: Meaning and Calculations)

Unit-II: Normal distribution and Correlation:

1. Normal Probability Curve (NPC): Nature, Characteristics and application of NPC; deviation from NPC: Skewness and kurtosis; finding areas when the score is known, finding the scores when the area is known.
2. Correlation: Calculation of Person's and Spearman coefficient, Correlation and its significance; factors affecting correlation.

Unit-III: Inferential Statistics (Parametric) in Psychology

1. Hypothesis testing for more than two groups: Logic of ANOVA, Sources of variance, assumptions and computation of one - way ANOVA

Unit-IV: Non-parametric tests

1. Nature and assumptions
2. Chi-square: Assumptions and Computation of Chi-square.

References:

1. Broota, K. D. (1992) Experimental design in behavioural research New Delhi: Wiley Eastern
2. Minium, E. W., King, B. M. & Bear, G. (1993). Statistical reasoning in psychology and education New York: John Wiley.
3. Mohanty, B. & Misra, S. (2015). Statistics for behavioural and social sciences New Delhi: SAGE Publications.
4. Srivastwa, Ramjee: Manovagyanikyewamsaikhshnikmapan.
5. Singh, A. K.: Manovigyan, Smajsastrtrthasiksha me sodhvidhiya.

PSYCHOLOGY PRACTICAL- AMJ 2 LAB:

Marks : Pr (ESE: 3Hrs) =25

Pass Marks: Pr (ESE) = 10

Instruction to Question Setter for

End Semester Examination (ESE):

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

<i>Experiment</i>	<i>= 15 marks</i>
<i>Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

PRACTICALS:

60 Lectures

Project Work:

1. Activity on Scientific writing
2. How to write research paper based on quantitative studies.

Practical Work:

1. Calculation of Mean, SD, t and QD through MS-Excel.
2. Graphical representation of frequency distribution
 - Histogram
 - Frequency polygon

SEMESTER VIII

I. ADVANCE MAJOR COURSE- AMJ 3: (Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75	Pass Marks: Th (SIE + ESE) = 30
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Instruction to Question Setter for

Semester Internal Examination (SIE 10+5=15 marks):

There will be **two** group of questions. **Question No.1** will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

FUNDAMENTALS OF CLINICAL PSYCHOLOGY

Theory: 60 Lectures

Course Objectives:

1. To provide knowledge about major psychological disorders (Bipolar, Depressive Disorders, Schizophrenia and Neurodevelopmental Disorders) and to provide knowledge about various treatments for abnormal behaviour.

Course Learning Outcomes:

1. Having working knowledge and understanding of the major psychological disorders and critically review their signs and symptoms (Bipolar, Depressive Disorders, Schizophrenia and Neurodevelopmental Disorders).
2. Developing a basic knowledge of the various treatments for abnormal Behaviour.

Course Content:

Unit-I: Bipolar, and Depressive Disorders: Clinical Picture and Etiology

1. Bipolar-I and Bipolar-II Disorders
2. Major Depressive Disorder

Unit-II: Schizophrenia: Clinical Picture and Etiology

Unit-III: Neurodevelopmental Disorders: Clinical Picture and Etiology

1. Intellectual Disability
2. Attention Deficit/Hyperactivity Disorder

Unit-IV: Treatment of Abnormal Behaviour:

1. Psychological Approaches: Behavioural, Cognitive and Humanistic
2. Indian Approaches: Guru-Chela relationship and Logotherapy: Vedantic Approach

Reference Books:

1. Butcher, J.N., Hooly, J. M. Mineka, S. & Dwivedi, C.B (2017). Abnormal Psychology. New Delhi: Pearson.
2. Comer, R. J. (2015). Abnormal psychology. New York: Worth publishers.
3. Diagnostic and Statistical Manual of Mental Disorders. (2013). Washington, D.C.
4. Nevid, J., Rathus, S., & Greene, B. (2014). Abnormal psychology in a changing world. Upper Saddle River, NJ: Pearson Prentice Hall.
5. The ICD-10 Classification of Mental and Behavioural Disorders. (1992). Geneva.
6. आधुनिक नैदानिक मनोविज्ञान - मो० सुलेमान।
7. मनोरोग विज्ञान - मो० सुलेमान।
8. मनोरोग विज्ञान - डॉ० मशरूर जहाँ।

PSYCHOLOGY PRACTICAL- AMJ 3 LAB:

Marks : Pr (ESE: 3Hrs) =25	Pass Marks: Pr (ESE) = 10
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Instruction to Question Setter for**End Semester Examination (ESE):**

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

Experiment	= 15 marks
Practical record notebook	= 05 marks
Viva-voce	= 05 marks

PRACTICALS:**60 Lectures****Project Work:**

1. Making use of YouTube videos to help understand various disorders and their symptoms
2. Interview of cases from the list of disorders (Mental Status Examination and Case History)

Practical Work:

1. General Health Questionnaire
2. Beck's Depression Inventory
3. Mental Depression Scale- L.N. Dubey
4. Positive Mental Health Inventory- C.D. Agashe & R.D. Helode

II. ADVANCE MAJOR COURSE- AMJ 4: (Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75	Pass Marks: Th (SIE + ESE) = 30
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Instruction to Question Setter for***Semester Internal Examination (SIE 10+5=15 marks):***

There will be two group of questions. Question No.1 will be very short answer type in Group A consisting of five questions of 1 mark each. Group B will contain descriptive type two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SLA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be two group of questions. Group A is compulsory which will contain three questions. Question No.1 will be very short answer type consisting of five questions of 1 mark each. Question No.2 & 3 will be short answer type of 5 marks. Group B will contain descriptive type five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

PSYCHOLOGICAL ASSESSMENT**Theory: 60 Lectures****Course Objectives:**

1. To provide knowledge about different issues of psychology by using different psychological techniques.

Course Learning Outcomes:

1. Developing an understanding of the basic principles of psychological assessment and its various phases.
2. Developing knowledge about the steps in test construction and test standardization
3. Demonstrating understanding of the impact of cultural contexts on assessment
4. Developing knowledge of the ethical and legal issues involved in the assessment process
5. Acquiring knowledge to effectively evaluate the appropriateness and quality of psychological tests and their psychometric strengths and weaknesses.
6. Developing knowledge about the application of tests in a variety of settings.

Course Content:**Unit-I: Introduction to psychological Assessment**

1. Psychological assessment: Principles of assessment, Nature and Purpose
2. Types of assessment: Observation, Interview, Scales and tests
3. Integrating inputs from multiple sources of information, report writing and providing (Practical) feedback to the client/referral source.
4. Ethical and professional issues and challenges

Unit-II: Psychological Testing

1. Definition of a test, types of Tests
2. Characteristics of a good test
3. Applications of psychological tests in various contexts (educational, Counselling and Guidance)

Unit-III: Test and Scale Construction

1. Test Construction and Standardization: Item analysis, Reliability, Validity, and norms (Characteristics of z-scores, percentiles, stens and stanines)
2. Scale Construction: Likert and Thurstone

Unit-IV: Tests of Cognitive Ability and Personality

1. Tests of cognitive ability: General mental ability tests (The Wechsler scales of intelligence, Stanford-Binet Intelligence Scales: 5th Edition).
2. Tests of Personality: Inventories such as 16PF, MMPI. Projective tests like Rorschach and Thematic Apperception Test (A brief introduction to both).

Reference Books:

1. Aiken, L. R., & Groth-Marnet, G. (2009). Psychological testing and assessment (12th Ed.). New Delhi: Pearson Education.
2. Anastasi, A., & Urbina, S. (2003). Psychological testing (7th Ed.). New Delhi, India: Prentice - Hall of India Pvt. Ltd.
3. Barve, B. N., & Narake, H. J. (2008). Manomapan. Nagpur, India: Vidya Prakashana.
4. Connolly, I., Palmer, M., Barton, H. & Kirwan, G. (eds.), (2016). Introduction to Cyberpsychology. London: Routledge.
5. Desai, B., & Abhyankar, S. (2007). Manasashatriyamapan. Pune, India: Narendra Prakashana.
6. Gregory, R. J. (2014). Psychological testing: History, principals and applications.(6th Ed.). Boston: Pearson Education.
7. Husain, A. (2012). Psychological testing. New Delhi, India: Pearson Education.
8. Kaplan, R. M., & Saccuzzo, D. P. (2012). Psychological testing: Principles, applications and issues (8th Ed.). New Delhi, India: Cengage.

PSYCHOLOGY PRACTICAL- AMJ 4 LAB:

Marks : Pr (ESE: 3Hrs) =25	Pass Marks: Pr (ESE) = 10
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Instruction to Question Setter for**End Semester Examination (ESE):**

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

Experiment	= 15 marks
Practical record notebook	= 05 marks
Viva-voce	= 05 marks

PRACTICALS:**60 Lectures****Project Work:**

1. Prepare a list of tests which measure different components of psychological issues.
2. Use of psychological tests to measure the attributes and interpret the obtained scores.

Practical Work:

1. Using Scale to measure Mental/ Social/ Physical/ Economic conditions
2. Measurement of Mental Health by using any Scale/ Test.

COURSES OF STUDY FOR INTRODUCTORY/ MINOR ELECTIVE FYUGP IN
“PSYCHOLOGY”

SEMESTER I/ II/ III INTRODUCTORY REGULAR COURSE 1 Paper

I. INTRODUCTORY REGULAR COURSE (IRC)

(Credits: Theory-02, Practicals-01)

- All Four Introductory & Minor Papers of Psychology to be studied by the Students of **Other than Psychology Honours**.
- Students of **Psychology Honours** must Refer Content from the **Syllabus of Opted Introductory & Minor Elective Subject**.

Marks: 75 (ESE: 3Hrs) = 75	Pass Marks: Th (ESE) = 30
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Instruction to Question Setter for

End Semester Examination (ESE 75 marks):

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** six questions of fifteen marks each, out of which any four are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

INTRODUCTORY PSYCHOLOGY

Theory: 30 Lectures

Course Objectives:

1. To make the students acquainted with the fundamentals of Psychology and its application.

Course Learning Outcomes:

1. Developing knowledge of the basic concepts in Psychology.
2. Developing skills for applying psychological knowledge to real life situation so as to improve interpersonal interactions and adjustment in life.

Course Content:

Unit-I: Orientation to psychology:

Nature, fields and applications of psychology; Conative Process: Motivation, types of motives (Sociogenic/Psychogenic motives); Affective Processes: Emotion, Positive and Negative emotion

Unit-II: Psychology of individual Differences:

Theory of intelligence; Spearman's Two Factor theory, Emotional Intelligence, Personality; Freudian Psychoanalysis.

Unit-III: Understanding Developmental Process;

Cognitive Development; Piaget; Psycho-Social Development; Erikson

Unit-IV: Application of Psychology;

Work; Health

References:

1. Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology (South Asian Edition). New Delhi: Pearson.
 2. Feldman. S. R. (2009). Essentials of understanding psychology (7th Ed.) New Delhi: Tata McGraw Hill.
 3. Michael, W., Passer, Smith, R. E. (2007). Psychology The science of mind and Behavior. New Delhi: Tata McGraw-Hill.
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PSYCHOLOGY PRACTICAL-IRC LAB:

Marks : Pr (ESE: 3Hrs) =25	Pass Marks: Pr (ESE) = 10
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Instruction to Question Setter for***End Semester Examination (ESE):***

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

<i>Experiment</i>	<i>= 15 marks</i>
<i>Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

PRACTICALS:**30 Lectures**

1. Administration of Sinha Anxiety Scale
 2. Maudsley Personality Inventory.
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SEMESTER IV**MINOR ELECTIVE-1****1 Paper****I. MINOR ELECTIVE (MN 1)**

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75**Pass Marks: Th (SIE = 30)*****Instruction to Question Setter for******Semester Internal Examination (SIE 10+5=15 marks):***

There will be **two** group of questions. **Question No.1** will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

PSYCHOLOGY AND MENTAL HEALTH**Theory: 60 Lectures****Course Learning Outcomes:**

To provide knowledge about Mental Health problems like Anxiety and Depression to enhance positive mental health and well-Being in India and across the world.

Learning Outcomes:

1. Understanding the status of mental health problem in India and the world.
2. Starting conversations around mental health and creating mental health awareness amongst non-Psychology students.
3. Being able to identify people suffering from common mental health problems like anxiety and depression.
4. Learning to provide psychological first aid to people
5. Understanding and enhancing positive mental health and wellbeing.

Course Content:**Unit-I: Mental health**

1. Concept of mental health
2. Issues of mental health in India.
3. Importance of mental health, identify mental health challenges to help reduce the stigma of mental illness
4. Mental Health issues in adolescence and young adults: Bullying, academic grades, body image, relational issues.

Unit-II: The invisible monsters: Anxiety, Depression and Suicide

1. Anxiety: Signs and Symptoms

2. Depression: Signs and Symptoms, Causes
3. Suicide: Preventative treatment measures, becoming gatekeepers of suicide

Unit-III: Reaching out and providing initial help

1. Recognizing the signs that someone may need support
2. Knowing what to do and what not to do when a person reaches out for help

Unit-IV: Mental Health Practice and Care

1. Counseling, Therapy, Guidance, Mentoring
2. Peer Mentoring: Concept and Skills

Reference Books:

1. Butcher, J. N., Hooly, J. M, Mineka, S. & Dwivedi, C. B (2017). Abnormal Psychology. New Delhi: Pearson.
2. Muir-Cochrane, E., Barkway, P. & Nizette, D. (2018). Pocketbook of Mental Health (3rd Edition). Elsevier
3. Snider, Leslie and WHO (2011). Psychological First Aid: Guide for Field Workers. Retrieved from
4. http://www.aaptuk.org/downloads/Psychological_first_aid_Guide_for_field_workers.pdf
5. WHO (2003). Investing in Mental Health. Retrieved from
6. http://www.who.int/mental_health/media/investing_mnh.pdf
6. Allen, F. (2011). Health Psychology and Behaviour. TATA Mc. Graw Hill Edition.
7. Kumar V. (2020): Health Psychology, Exotic India Art.

PSYCHOLOGY PRACTICAL-MN 1 LAB

Marks : Pr (ESE: 3Hrs) =25

Pass Marks: Pr (ESE) = 10

Instruction to Question Setter for

End Semester Examination (ESE):

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

<i>Experiment</i>	<i>= 15 marks</i>
<i>Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

PRACTICALS:

60 Lectures

1. Sinha Anxiety Scale
2. Bell's Adjustment Inventory
3. Women Equality Attitude Scale- Ram Tiwari

SEMESTER V**MINOR ELECTIVE-2****1 Paper****I. MINOR ELECTIVE (MN 2)**

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75**Pass Marks: Th (SIE + ESE) = 30*****Instruction to Question Setter for******Semester Internal Examination (SIE 10+5=15 marks):***

There will be two group of questions. Question No.1 will be very short answer type in Group A consisting of five questions of 1 mark each. Group B will contain descriptive type two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be two group of questions. Group A is compulsory which will contain three questions. Question No.1 will be very short answer type consisting of five questions of 1 mark each. Question No.2 & 3 will be short answer type of 5 marks. Group B will contain descriptive type five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

COMMUNITY PSYCHOLOGY**Theory: 60 Lectures****Course Objectives:**

To make understand student about the role of psychology in community development for health promotion among Child/Mothers/Physically Challenged and Elderly people.

Course Learning Outcomes:

Understanding the role of Psychology in community development.
Developing an appreciation of the core values that guide community psychology and facilitate community functions.
Developing insights with respect to health promotion programs in communities, community programme for child and maternal health, for physically challenged and elderly people in the Indian context, through case studies.

Course Content:**Course Content:****Unit-I: Introduction to community Psychology**

1. Definition of community psychology; types of communities – locality based and relational.

Unit-II: Core values in community psychology

1. Individual and family wellness; sense of community; respect for human diversity; social justice;
2. Community functions – Learning and socialization, functions.

Unit-III: Communities as setting for health promotion

1. Need and process of community organization and building for health promotion programming
2. Community programme for child and maternal health, for physical challenged and old age in the Indian context.

Unit-IV: Interventions for Community Development and Empowerment

1. Concept and practices for community development and empowerment
2. Case studies of community intervention programs by the governmental and non-governmental organizations in Indian context such as, rural panchayat programs, children's education, citizen right, self-help group, social accounting.

Reference Books:

1. Banerjee, A., Banerji, R., Duflo, E., Gleneske, R., & Khenani, S. (2006) Can Information Campaign start local participation and improve outcomes? A study of primary education in Uttar Pradesh, India, World Bank Policy Research, Working Paper No. 3967
 2. Fetterman, D. M., Kaftarian, S. J. & Wandersman, A (Eds)(1996) Empowerment Evaluation, New Delhi: Sage Publication.
 3. Kloos B. Hill, J Thomas, Wandersman A, Elias M. J. & Dalton J. H. (2012). Community Psychology: Linking Individuals and Communities, Wadsworth Cengage Learning.
 4. McKenzie, J. F. Pinger, R. R. & Kotecki, J. E. (2005). An introduction to community health. United States: Jones and Bartlett Publishers.
 5. Misra, G. (Ed). (2010) Psychology in India. Indian Council of Social Science Research. Dorling Kindersley (India) Pvt Ltd. Pearson Education.
 6. Poland, B. D., Green, L. W. & Rootman, I. (2000) Setting for Health Promotion: Linking Theory and Practice, Sage Publication, New Delhi
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PSYCHOLOGY PRACTICAL-MN 2 LAB

Marks : Pr (ESE: 3Hrs) =25	Pass Marks: Pr (ESE) = 10
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Instruction to Question Setter for***End Semester Examination (ESE):***

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

<i>Experiment</i>	<i>= 15 marks</i>
<i>Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

PRACTICALS:**60 Lectures**

1. Human Rights Awareness Test
 2. Life Satisfaction Scale.
 3. Academic Achievement Scale.
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SEMESTER VI**MINOR ELECTIVE-3****1 Paper****I. MINOR ELECTIVE (MN 3)**

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75**Pass Marks: Th (SIE + ESE) = 30*****Instruction to Question Setter for******Semester Internal Examination (SIE 10+5=15 marks):***

There will be two group of questions. Question No.1 will be very short answer type in Group A consisting of five questions of 1 mark each. Group B will contain descriptive type two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

End Semester Examination (ESE 60 marks):

There will be two group of questions. Group A is compulsory which will contain three questions. Question No.1 will be very short answer type consisting of five questions of 1 mark each. Question No.2 & 3 will be short answer type of 5 marks. Group B will contain descriptive type five questions of fifteen marks each, out of which any three are to answer.

Note: There may be subdivisions in each question asked in Theory Examinations.

PSYCHOLOGY AT WORK**Theory: 60 Lectures****Course Objectives:**

1. To provide knowledge about work motivation and knowledge of communication in different organization to improve efficiency.

Course Learning Outcomes:

1. Understanding the meaning and theoretical foundations of Psychology.
2. Knowing how to apply knowledge of Psychology to the real work setting.

Course Content:

Unit 1: Introduction to Psychology: Definition, Brief History and Contemporary Trends.

Unit 2: Work Motivation: Theories and applications: Maslow, Herzberg, Goal Setting, Expectancy, Equity.

Unit 3: Communication in Organizations: Communication process, purpose of communication in organizations, barriers to effective communication, managing communication.

Unit 4: Leadership: Approaches- contemporary approach, Types and Traits of Leader.

Reference Books:

1. Greenberg, J. & Baron, R.A. (2007). Behaviour in Organizations (9th Ed.). India: Dorling Kindersley
2. Robbins, S.P.& Judge, T.A. (2008). Essentials of Organizational Behaviour. 9th Edition. New Delhi: Prentice Hall of India

PSYCHOLOGY PRACTICAL-MN 3 LAB**Marks : Pr (ESE: 3Hrs) =25****Pass Marks: Pr (ESE) = 10*****Instruction to Question Setter for*****End Semester Examination (ESE):**

There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:

Experiment = 15 marks

Practical record notebook = 05 marks

Viva-voce = 05 marks

PRACTICALS:**60 Lectures**

1. Work Motivation Questionnaires
 2. Organizational Communication Scale
 3. Leadership Scale
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FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION

Question format for 10 Marks:

Subject/ Code		Exam Year
F.M. =10	Time=1Hr.	
General Instructions:		
i. Group A carries very short answer type compulsory questions.		
ii. Answer 1 out of 2 subjective/ descriptive questions given in Group B .		
iii. Answer in your own words as far as practicable.		
iv. Answer all sub parts of a question at one place.		
v. Numbers in right indicate full marks of the question.		
<u>Group A</u>		
1.		[5x1=5]
i.	
ii.	
iii.	
iv.	
v.	
<u>Group B</u>		
2.	[5]
3.	[5]
Note: There may be subdivisions in each question asked in Theory Examination.		

Question format for 20 Marks:

Subject/ Code		Exam Year
F.M. =20	Time=1Hr.	
General Instructions:		
i. Group A carries very short answer type compulsory questions.		
ii. Answer 1 out of 2 subjective/ descriptive questions given in Group B .		
iii. Answer in your own words as far as practicable.		
iv. Answer all sub parts of a question at one place.		
v. Numbers in right indicate full marks of the question.		
<u>Group A</u>		
1.		[5x1=5]
i.	
ii.	
iii.	
iv.	
v.	
2.	[5]
<u>Group B</u>		
3.	[10]
4.	[10]
Note: There may be subdivisions in each question asked in Theory Examination.		

FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION

Question format for 50 Marks:

Subject/ Code		Exam Year
F.M. =50	Time=3Hrs.	
General Instructions:		
i. Group A carries very short answer type compulsory questions.		
ii. Answer 3 out of 5 subjective/ descriptive questions given in Group B .		
iii. Answer in your own words as far as practicable.		
iv. Answer all sub parts of a question at one place.		
v. Numbers in right indicate full marks of the question.		
Group A		
1.		[5x1=5]
i.	
ii.	
iii.	
iv.	
v.	
Group B		
2.	[15]
3.	[15]
4.	[15]
5.	[15]
6.	[15]
Note: There may be subdivisions in each question asked in Theory Examination.		

Question format for 60 Marks:

Subject/ Code		Exam Year
F.M. =60	Time=3Hrs.	
General Instructions:		
i. Group A carries very short answer type compulsory questions.		
ii. Answer 3 out of 5 subjective/ descriptive questions given in Group B .		
iii. Answer in your own words as far as practicable.		
iv. Answer all sub parts of a question at one place.		
v. Numbers in right indicate full marks of the question.		
Group A		
1.		[5x1=5]
i.	
ii.	
iii.	
iv.	
v.	
2.	[5]
3.	[5]
Group B		
4.	[15]
5.	[15]
6.	[15]
7.	[15]
8.	[15]
Note: There may be subdivisions in each question asked in Theory Examination.		

Question format for 75 Marks:

Subject/ Code		Exam Year
F.M. = 75	Time=3Hrs.	
General Instructions:		
i. Group A carries very short answer type compulsory questions.		
ii. Answer 4 out of 6 subjective/ descriptive questions given in Group B .		
iii. Answer in your own words as far as practicable.		
iv. Answer all sub parts of a question at one place.		
v. Numbers in right indicate full marks of the question.		
<u>Group A</u>		
1.		[5x1=5]
i.	
ii.	
iii.	
iv.	
v.	
2.	[5]
3.	[5]
<u>Group B</u>		
4.	[15]
5.	[15]
6.	[15]
7.	[15]
8.	[15]
9.	[15]
Note: There may be subdivisions in each question asked in Theory Examination.		

Question format for 100 Marks:

Subject/ Code		Exam Year
F.M. = 100	Time=3Hrs.	
General Instructions:		
i. Group A carries very short answer type compulsory questions.		
ii. Answer 4 out of 6 subjective/ descriptive questions given in Group B .		
iii. Answer in your own words as far as practicable.		
iv. Answer all sub parts of a question at one place.		
v. Numbers in right indicate full marks of the question.		
<u>Group A</u>		
1.		[10x1=10]
i.	
ii.	
iii.	
iv.	
v.	
vi.	
vii.	
viii.	
ix.	
x.	
2.	[5]
3.	[5]
<u>Group B</u>		
4.	[20]
5.	[20]
6.	[20]
7.	[20]
8.	[20]
9.	[20]
Note: There may be subdivisions in each question asked in Theory Examination.		